



# INTRODUCTION TO LEAN THINKING

POST GRADUATE EDUCATION CENTRE, CITY HOSPITAL  
SANDWELL AND WEST BIRMINGHAM HOSPITALS NHS TRUST. BIRMINGHAM

**LEAN** is recognised in the NHS as a key methodology for improving the efficiency and effectiveness of organisations through better organisation of existing resources.

This course is suitable for managers & clinicians who want to build their awareness of the Lean Approach.



LEAN THINKING IN THE NHS

## What will I get out of the course?

This event provides the opportunity for you to:

- Understand on the concepts and processes that underpin **LEAN** thinking
- Understand the transformation challenge and how to sustain change
- Experiential learning from tried and tested 'mini' workshops
- CD with all course presentations and material

## Who is running the course?

The course is led by Ketan Varia and Maria Gilgeous of Kinetik Solutions both experienced Lean practitioners, with substantial experience from the private sector. Ketan Varia has led the Lean Education and practitioner coaching for Bedford Hospitals Trust as well as working in several hospitals around service line improvement. More details of our work at

<http://www.kinetik.uk.com/>

## Who should attend?

chief operating officers • general managers and divisional managers • project managers • clinicians • GPs • matrons and senior nursing staff • internal change agents • members of NHS staff working in service improvement and transformation.

**When:** 24 November 2011

**Time:** 9.00am to 5.00pm

**Where:** Post Graduate Education Centre, City Hospital, Sandwell and West Birmingham Hospitals NHS Trust, Birmingham. B18 7QH

**Cost: £347 + VAT**

A buffet lunch & refreshments are included.

**To Book:** Please complete the attached form.

Please contact us at [admin@kinetik.uk.com](mailto:admin@kinetik.uk.com) for any queries



# AGENDA

LEAN THINKING IN THE NHS

- 9.15am Introduction and Overview of Lean  
Where does Lean emerge from, where has it been successful and what is its premise?
- 9.45am Lean in the Light of a 21C NHS  
Where does Lean Transformation sit in line with the Clinical Led Commissioning, QIPP, Darzi vision and other structural changes in the NHS
- 10.15am Case Studies of Lean in the NHS  
What benefits has pioneer trusts delivered in light of Lean? We will look at examples from several trusts
- 10.45am Break
- 11.00am Workshop 1: Red Patient/Blue Patient Exercise  
A powerful exercise that demonstrates that excellence is easy to recognize and visualize, and that the capability of change exists in all staff in an organisation
- 11.45am Main Principles of Lean  
The 5 principles of lean are explained with examples in relation to the NHS, as well as practical, real world experience
- 12.15pm Workshop 2: The Seven Wastes  
Participants will bring their own examples of waste from their trusts, by reviewing digital photos and discussion
- 1.00pm Buffet Lunch
- 1.45pm Value Stream Mapping  
Value stream mapping is similar to process mapping 'end to end' flows from a patient perspective, but it offers greater insight to current ways of working
- 2.15pm Transformational Planning  
What are the key elements to have in place before embarking on the journey of transformation? What are the essential checkpoints and good practice?
- 3.15pm Workshop 3: Focus on sustainability  
A review of transformation at other Trusts and the private sector. What are the lessons learnt around sustainability?
- 4.00pm Lean and other approaches  
How does Lean fit into other transformational models? Where does Lean not work and what's the next step from Lean?

**4.15pm Review of Day and Close**





# BOOKING FORM

**LEAN THINKING IN THE NHS - Thursday 24 November 2011**

LEAN THINKING IN THE NHS

Please reserve .....place (s) at LEAN Thinking in the NHS at £347 + VAT

\* per delegate . Please call us for multi-delegate discounts

**Payment methods:**

**Either** forward details with your purchase order and we will invoice accordingly **or** forward a cheque for the correct amount made payable to Kinetik Solutions Ltd and we will issue a receipt

**Purchase Order No:** ..... (Payment is required within 21 days of invoice)

**Cheque:** I enclose a cheque for £..... made payable to Kinetik Solutions Ltd

**Delegate details:**

**Name of delegate (s):** .....

**Job title:** .....

**Address:** .....  
.....

**Town:** ..... **Post code:** .....

**Telephone:** ..... **Extension:** .....

**E-mail:** .....



**PLEASE RETURN THIS FORM TO:** Administrator,  
Kinetik Solutions Ltd, 109 Merrion Avenue,  
Stanmore, Middlesex, HA7 4RZ  
Telephone: 0203 397 0686  
E-mail: admin@kinetik.uk.com

